

**GROUP ART THERAPY
TREATMENT**

*for children with
behaviour problems*



Date: _____

Name of the child: _____

Date of Birth: _____

Name of Foster parent: _____

Social worker: _____

Agency: _____

Home community: _____

Contact name & phone: _____

Berkowitz Therapies Inc.

Phone: (204) 475 9997

Fax: (204) 415 4625

Email: berkowitzms@yahoo.com

495-70 Arthur Street,
Winnipeg, MB, R3B 1G7



The treatment includes
12 sessions of
60 minutes each
Group of age: 6-10

Tzafi Weinberg (BFA, DKATI) is an art therapist, and has many years of experience guiding and working with children with nature and art in Israel and Canada.

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GROUP ART THERAPY

Group treatment provides an opportunity to respond to behavior as it happens. Participants develop skills in conflict resolution, communication techniques and the ability to self-monitor their own behaviour. Group also helps the child experience, externalize, and examine behaviours and relationships.

The therapist functions as the accepting parents, supporting the child, providing structure, and rewarding the effort. Art making also works to build group cohesion, and becomes a way for a disparate group of children to find a common ground and build a distinct identity.

THE OUTCOMES OF GROUP ART THERAPY

Verbally & non-verbally expression of feeling and thoughts
Strengthens identity, self-awareness and self-esteem
Visual perceptual sensory integration of unconscious material
Strengthens capacity to listen
Exploration of interpersonal conflicts constructively

REASONS FOR USING GROUP-WORK

Much of social learning is done in groups,
People with similar needs can provide mutual support for each other, and help with mutual problem solving

MEDIA THAT WILL BE USED

Paint, oil pastels, crayons, pencil crayons, collage, natural objects, found objects, mixed media & clay.

DIRECTIVES

Collage, constructing environment, creating masks, and clay animals

